

## Sarah B. Douglas 2002-2005



Sarah is someone who without doubt will be successful, because she already *is* successful. She has a rare combination of qualities: talent, hard work, compassion, and fearless leadership.

Leadership is a word overused, but it is natural to apply it to Sarah. She sees beyond herself and is always working creatively with the entire environment to transform it into something better. Sometimes that makes her look soft and inviting; at other times, it would be better to fear her wrath. But she is always present, never cops out, and always gives her best.

### **KVA Activities**

Sarah had key roles in all of KVA's theatrical and musical productions during her time here. Each of these showcased her talents as dancer and singer. These included "Prince Valiant," "Interview," and "The Kids of Swing," the latter two having been performed at the Dalhousie-sponsored DramaFest. She took 3<sup>rd</sup> and 4<sup>th</sup> place prizes at the Kiwanis festival in 2005. She took part in the public speaking, dance, and art workshops, and was in student council as an officer for three years, including Council President in grade 11.

### **Current and Future Activities**

Sarah was awarded \$4000 dance program and \$2000 science program scholarships, both for York University. She was also awarded a \$2000 scholarship by the Craig Foundation, should she attend GYLC. Sarah is currently working toward a BPA major in dance at York University.

Sarah is working on going to Europe to work as an *au pair* for the summer of 2006. Then she'll continue on with pursuing her dance degree with a minor in chemistry.

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### **What the Staff Says**

"Sarah is a teacher/parent/friend's delight! Sarah's goodness and kindness shine through everything she does. Her positive contributions and strong sense of responsibility are felt in every situation she commits to. If all world leaders exhibited her qualities, there would be harmony among all nations.

"She is inquisitive and respectful of others. She can also be quite daring in that she is willing to consider other views in an unbiased fashion which makes any view she holds that much stronger and clearer."

"Sarah Douglas is, without question, one of those students that leaves alasting impression. I thoroughly enjoyed every minute having her as a student. Her cheerful presence and incredible work ethic made teaching her a complete joy. We need more people like Sarah Douglas."

### **In Her Words**

"My main philosophy for my life is to be full of laughter - and to live in the moment. It's important for me to establish my career, do what I want to do, before I settle down. Being polite, respectful, honest, and happy are very important to me.

"My experience of KVA was a very beneficial one. All the while I as there I was learning more than academics, and much about what I want to become as a student, citizen, person, and humanitarian. At KVA I was given confidence and skills for me to succeed."

You can contact Sarah at [sdouglas@kingsviewacademy.com](mailto:sdouglas@kingsviewacademy.com)